

# PRINCIPLES AND PRACTICE OF CLINICAL RESEARCH

INTERNATIONAL DISTANCE-LEARNING CLINICAL RESEARCH TRAINING PROGRAM

**MARCH 26-DECEMBER 10, 2026**

Program Director—Felipe Fregni, MD, PhD, MPH, MEd  
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Professor of Physical Medicine & Rehabilitation, Harvard Medical School



This collaborative, interactive distance-learning program in clinical research draws participants worldwide, from the United States to Brazil, Germany to Japan. It is designed both for those seeking basic and advanced training in clinical trials before entering the field, and for experienced professionals aiming to expand their role in designing, managing, analyzing and reporting trial findings.

## MAIN PROGRAM OVERVIEW

**MODULE 1:** Introduction to Clinical Research, Systematic Review and Critical Appraisal and Design of Experimental Studies/RCTs

**MODULE 2:** Observational Studies: Design, Critical Appraisal and Introduction to Publicly Available Datasets and Real World Data

**MODULE 3:** Group Project (Designing a Grant Proposal) and July Workshops

**MODULE 4:** Basic Statistical Analysis for RCTs and Observational Studies

**MODULE 5:** Other Study Designs and Analysis Tools for Grant Proposals

## PROGRAM DATES:

- **9-MONTH DISTANCE LEARNING MAIN PROGRAM:**  
MARCH 26-DECEMBER 10, 2026
- **5-DAY IMMERSION COURSE:**  
NOVEMBER 7-11, 2026
- **OPTIONAL 3-DAY ADVANCED STATISTICAL WORKSHOP:** JULY 27-29, 2026
- **OPTIONAL 2-DAY RESEARCH MANUSCRIPT WRITING WORKSHOP:** JULY 30-31, 2026

Dates are subject to change.

## PROGRAM FORMAT

This program blends live and online interaction via the web and on-site centers. Participants attend weekly three-hour interactive videoconference sessions, which are broadcast live from Boston to centers around the world. Participants may enroll either as part of a site center or individually, if they do not have access to a site center.



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## APPLICATION AND PROGRAM ADMISSION

Registration is limited. Please apply at [hsph.me/ppcr](https://hsph.me/ppcr). The following documents are required: curriculum vitae, letter of intent stating the reason for participating in the program, letter of recommendation, and a professional picture. Applications are due by December 31, 2025. Late applications will be considered on a case-by-case basis.

## INTERNATIONAL SITES

We have more than 50 sites across the globe that broadcast the PPCR Main Program lectures live each week in the following countries:



### ABOUT HARVARD. T.H. CHAN SCHOOL OF PUBLIC HEALTH EXECUTIVE AND CONTINUING EDUCATION

We prepare individuals and organizations to solve the most pressing global public health and health care challenges. Leaders in government, corporate, and nonprofit sectors around the world attend our programs, which provide strategies for addressing the critical issues facing their organizations with proven tactics that drive change.

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## ON-SITE AND REMOTE PARTICIPATION FOR 2026

There are two options for participation in the program: on-site and remote.

For the on-site option, participants join a group of students for in-person weekly lectures at a nearby site in their city. For a complete list of our international sites, visit [hsph.me/ppcr](https://hsph.me/ppcr).

For the remote option, participants can join the weekly webinar from home.